



Highters Heath Community School
Highters Heath Lane, Kings Heath, Birmingham B14 4LY
Telephone 0121 464 2459 or 0121 464 2014
Email: office@hightersheath.co.uk | Web: www.hightersheath.co.uk
Headteacher: Mr B Doherty B.Ed (Hons) Deputy Headteacher: Mrs E Mudge Ba (Hons) PGCE

19/04/21

Dear Parents/ Carers,

As you may already be aware, the Department for Education has announced changes to relationships, sex and health education (RSHE) following nationwide consultation. These changes need to be in effect by the Summer Term, when all schools will be required to comply with the updated requirements. We are keen to share our plans with you, and invite you to share with us any feedback or questions you have about these.

The main change is that RSHE, or PSHE (personal, social and health education) as it's also known, has largely become a compulsory, foundation subject so it is now part of the National Curriculum which all schools need to follow. We have always taught RSHE at Highters Heath, and will continue to use the CWP resources *Teaching RSE with Confidence* during this Summer Term. An outline of the topics your child's year group will be covering next term is available in the 'Our Curriculum', then 'PSHE' tab (Curriculum section) on our website.

From the beginning of next academic year (September 2021), we are excited to begin using the 'Jigsaw' scheme of work as the basis for our RSHE curriculum. Jigsaw brings together all of the compulsory elements of Relationships and Health Education, emotional literacy, mindfulness, social skills and spiritual development. It is designed as a whole school approach -- with all year groups working on the same theme at the same time at their own level -- and includes topics like anti-bullying, healthy friendships, keeping our bodies fit and healthy, looking after our mental health, keeping safe and being kind online. Our aim is to build on children's understandings of these topics each year.

As part of our parental consultation process we invite you to have a look at an outline of the new Jigsaw scheme of work and our draft RSHE policy, both of which are available via the PSHE tab (Curriculum section) on the Highters Heath website. If you have any feedback, questions or queries about the policy or the Jigsaw scheme of work, please contact Mrs Wright (PSHE Co-ordinator) via email on h.wright@hightersheath.co.uk.

Kind regards,

Mrs H. Wright.